

Holiday Homework



Class VI

1. Collect pictures of food items of different regions and paste them in your activity book.
2. Find out the names of plants that grow in water and which are eaten as food.
3. Collect more information about the following deficiency diseases
 - a) Beriberi
 - b) Scurvy
 - c) Rickets
 - d) anaemia
 - e) Goitre
 - f) night blindness
4. You are the manager of a restaurant. Make a list of food items you would serve in lunch and dinner so that people have a balanced diet.
5. Exercise questions (Page NCERT book 17)